

10 snelste zwemsters 15 jaar (stand juli 2019)

15 jaar, Dames

1-1-1980-1-7-2019

25 vrije slag

Silje Welsh	92	10-051	13.95	21-6-08
Fabienne de Ruijter	89	10-051	14.43	25-1-04
Amanda Hoogenboom	92	10-051	15.86	21-6-08
Ashley Kretsch	92	10-051	16.16	21-6-08

50 vrije slag

Hannah Mckenzie	96	10-051	28.15	9-10-11
Megan Wainwright	95	10-051	29.23	7-11-10
Silje Welsh	92	10-051	29.25	29-6-08
Kassidy Dawn	99	10-051	29.34	13-3-15
Myada El Barkouki	97	10-051	29.55	3-3-13
Jasmine el Taraboulsi	01	10-051	29.64	9-3-17
Nuria Boersma	01	10-051	29.92	9-4-17
Helen Nie	96	10-051	29.96	6-11-11
Marina Welsh	95	10-051	29.99	10-3-11
Karin Simons	89	10-051	30.07	4-12-04

100 vrije slag

Megan Wainwright	95	10-051	1:01.31	10-3-11
Hannah Mckenzie	96	10-051	1:01.80	9-10-11
Cathelijn Bogers	01	10-051	1:03.94	12-3-17
Silje Welsh	92	10-051	1:04.30	5-1-08
Kassidy Dawn	99	10-051	1:04.59	13-3-15
Jasmine el Taraboulsi	01	10-051	1:04.94	7-1-17
Nuria Boersma	01	10-051	1:05.04	12-2-17
Myada El Barkouki	97	10-051	1:05.08	12-1-13
Tamara Hoogenboom	90	10-051	1:06.15	3-12-05
Helen Nie	96	10-051	1:06.20	13-11-11

200 vrije slag

Hannah Mckenzie	96	10-051	2:13.09	2-10-11
Megan Wainwright	95	10-051	2:14.97	10-3-11
Megan Albon	98	10-051	2:23.52	7-3-13
Silje Welsh	92	10-051	2:24.87	6-1-08
Tamara Hoogenboom	90	10-051	2:25.58	13-3-05
Charlotte Drastich	02	10-051	2:25.88	14-1-18
Nuria Boersma	01	10-051	2:26.36	2-4-17
Ivon Hensen	91	10-051	2:26.74	18-3-07
Julia Santiago	97	10-051	2:27.37	10-3-13
Cathelijn Bogers	01	10-051	2:28.64	2-10-16

400 vrije slag

Hannah Mckenzie	96	10-051	4:50.23	30-10-11
Tamara Hoogenboom	90	10-051	5:06.00	7-5-05
Cathelijn Bogers	01	10-051	5:08.84	2-10-16
Silje Welsh	92	10-051	5:12.81	4-11-07
Ashley Kretsch	92	10-051	5:23.99	13-4-08
Ivon Hensen	91	10-051	5:28.78	12-3-06
Petra Vermeulen	90	10-051	5:40.76	27-2-05
Roos Geut	93	10-051	5:42.67	2-11-08
Iris de Jong	91	10-051	5:44.43	5-2-06
Maria Clemente	01	10-051	5:46.90	5-2-17

800 vrije slag

Silje Welsh	92	10-051	10:31.82	4-11-07
Ivon Hensen	91	10-051	11:16.69	5-2-06
Ashley Kretsch	92	10-051	11:23.05	13-10-07
Iris de Jong	91	10-051	11:28.28	5-2-06
Roos Geut	93	10-051	11:33.82	2-11-08
Rachael Kretsch	96	10-051	12:37.09	27-11-11
Ingeborg Efdée	97	10-051	13:15.76	3-11-12
Nadine Ansink	97	10-051	13:23.70	24-2-13

1500 vrije slag

Ashley Kretsch	92	10-051	21:49.91	2-12-07
Tamara Hoogenboom	90	10-051	21:58.81	5-11-05
Rachael Kretsch	96	10-051	23:54.87	27-11-11
Ingeborg Efdée	97	10-051	25:02.22	3-11-12
Nadine Ansink	97	10-051	25:07.84	24-2-13

25 rugslag

Silje Welsh	92	10-051	18.45	21-6-08
Ashley Kretsch	92	10-051	19.04	21-6-08
Amanda Hoogenboom	92	10-051	19.76	21-6-08

50 rugslag

Hannah Mckenzie	96	10-051	32.76	30-10-11
Jasmine el Taraboulsi	01	10-051	33.78	9-4-17
Michelle Bellekom	96	10-051	34.21	21-4-12
Cathelijn Bogers	01	10-051	34.35	6-11-16
Nuria Boersma	01	10-051	35.35	9-4-17
Roos Geut	93	10-051	35.46	16-11-08
Megan Wainwright	95	10-051	35.51	7-11-10
Helen Nie	96	10-051	35.64	6-11-11
Megan Albon	98	10-051	35.90	6-4-14
Marina Welsh	95	10-051	35.93	17-4-11

100 rugslag

Hannah Mckenzie	96	10-051	1:08.59	9-10-11
Cathelijn Bogers	01	10-051	1:13.51	2-10-16
Jasmine el Taraboulsi	01	10-051	1:13.85	12-3-17
Nuria Boersma	01	10-051	1:14.93	12-3-17
Marina Welsh	95	10-051	1:15.60	10-3-11
Megan Albon	98	10-051	1:15.65	8-3-13
Emma Pears	99	10-051	1:16.61	7-3-14
Myada El Barkouki	97	10-051	1:17.09	20-1-13
Michelle Bellekom	96	10-051	1:17.50	4-3-12
Tamara Hoogenboom	90	10-051	1:17.63	10-4-05

200 rugslag

Hannah Mckenzie	96	10-051	2:25.96	12-11-11
Cathelijn Bogers	01	10-051	2:39.40	12-3-17
Michelle Bellekom	96	10-051	2:40.74	12-5-12
Jasmine el Taraboulsi	01	10-051	2:40.80	13-11-16
Megan Wainwright	95	10-051	2:44.04	16-1-11
Nuria Boersma	01	10-051	2:44.17	22-1-17
Iris de Jong	91	10-051	2:45.22	13-5-07
Roos Geut	93	10-051	2:46.01	5-4-09
Ashley Kretsch	92	10-051	2:49.30	13-4-08
Tamara Hoogenboom	90	10-051	2:49.60	7-5-05

25 schoolslag

Silje Welsh	92	10-051	18.74	21-6-08
Amanda Hoogenboom	92	10-051	22.26	21-6-08
Ashley Kretsch	92	10-051	22.39	21-6-08

10 snelste zwemsters 15 jaar (stand juli 2019)

50 schoolslag

Kassidy Dawn	99	10-051	35.12	4-4-15
Nuria Boersma	01	10-051	36.09	9-4-17
Lara Plazier	00	10-051	36.45	29-11-15
Helen Nie	96	10-051	37.38	6-11-11
Jasmine el Taraboulsi	01	10-051	38.04	15-1-17
Charlotte Drastich	02	10-051	38.50	8-3-18
Petra Vermeulen	90	10-051	39.04	24-9-05
Tamara Hoogenboom	90	10-051	39.32	24-9-05
Iris de Jong	91	10-051	39.33	13-5-07
Marlies Hensen	89	10-051	40.32	22-5-04

200 schoolslag

Nuria Boersma	01	10-051	2:52.00	12-3-17
Iris de Jong	91	10-051	2:58.09	19-5-07
Jasmine el Taraboulsi	01	10-051	2:58.32	12-3-17
Lara Plazier	00	10-051	3:02.02	4-10-15
Petra Vermeulen	90	10-051	3:02.61	11-9-05
Ivon Hensen	91	10-051	3:04.18	7-1-07
Helen Nie	96	10-051	3:07.63	2-10-11
Tamara Hoogenboom	90	10-051	3:07.76	11-9-05
Kassidy Dawn	99	10-051	3:09.69	18-1-15
Michelle Bellekom	96	10-051	3:11.12	13-5-12

50 vlinderslag

Megan Wainwright	95	10-051	30.97	7-11-10
Jasmine el Taraboulsi	01	10-051	32.17	9-4-17
Silje Welsh	92	10-051	32.54	29-6-08
Helen Nie	96	10-051	33.06	6-11-11
Myada El Barkouki	97	10-051	33.23	14-4-13
Nuria Boersma	01	10-051	33.40	9-4-17
Lara Plazier	00	10-051	33.91	10-4-16
Tamara Hoogenboom	90	10-051	34.04	30-1-05
Charlotte Drastich	02	10-051	34.11	9-3-18
Karin Simons	89	10-051	34.72	31-10-04

100 wisselslag

Megan Wainwright	95	10-051	1:14.02	7-11-10
Helen Nie	96	10-051	1:15.35	6-11-11
Tamara Hoogenboom	90	10-051	1:16.47	18-9-05
Michelle Bellekom	96	10-051	1:16.61	17-6-12
Ivon Hensen	91	10-051	1:17.40	15-4-07
Myada El Barkouki	97	10-051	1:17.67	2-6-13
Silje Welsh	92	10-051	1:17.94	29-6-08
Karin Simons	89	10-051	1:18.22	4-12-04
Julia Santiago	97	10-051	1:19.19	7-4-13
Iris de Jong	91	10-051	1:20.25	15-4-07

100 schoolslag

Kassidy Dawn	99	10-051	1:16.88	13-3-15
Nuria Boersma	01	10-051	1:18.84	8-1-17
Lara Plazier	00	10-051	1:20.92	20-3-16
Jasmine el Taraboulsi	01	10-051	1:22.23	8-1-17
Charlotte Drastich	02	10-051	1:22.45	8-3-18
Iris de Jong	91	10-051	1:23.89	12-5-07
Petra Vermeulen	90	10-051	1:25.29	24-4-05
Tamara Hoogenboom	90	10-051	1:27.13	11-9-05
Maya Ball	02	10-051	1:27.21	18-3-18
Helen Nie	96	10-051	1:27.36	11-3-12

25 vlinderslag

Silje Welsh	92	10-051	14.89	21-6-08
Ashley Kretsch	92	10-051	17.30	21-6-08
Amanda Hoogenboom	92	10-051	18.86	21-6-08

100 vlinderslag

Jasmine el Taraboulsi	01	10-051	1:11.94	9-3-17
Silje Welsh	92	10-051	1:12.45	6-1-08
Megan Wainwright	95	10-051	1:12.58	13-3-11
Hannah Mckenzie	96	10-051	1:15.00	12-11-11
Myada El Barkouki	97	10-051	1:15.55	13-1-13
Tamara Hoogenboom	90	10-051	1:16.68	13-3-05
Helen Nie	96	10-051	1:18.28	12-5-12
Maria Clemente	01	10-051	1:19.32	9-3-17
Karin Simons	89	10-051	1:19.44	28-11-04
Nuria Boersma	01	10-051	1:21.60	9-10-16

200 wisselslag

Jasmine el Taraboulsi	01	10-051	2:35.86	10-3-17
Megan Wainwright	95	10-051	2:36.79	10-3-11
Charlotte Drastich	02	10-051	2:37.88	9-3-18
Nuria Boersma	01	10-051	2:40.56	12-2-17
Tamara Hoogenboom	90	10-051	2:45.72	29-5-05
Silje Welsh	92	10-051	2:47.10	23-9-07
Maya Ball	02	10-051	2:51.10	4-2-18
Lara Plazier	00	10-051	2:51.65	19-12-15
Myada El Barkouki	97	10-051	2:51.79	20-1-13
Ivon Hensen	91	10-051	2:52.71	14-1-07